

# Your Pet's Results Report



**Pet Name: Test Test**

**We are delighted to present your pets test results!**

## **The Results**

Your pets results are divided into sections by the type of items tested. Within each section you'll find an overview page, this is to ensure your pets results are as clear and concise as possible and your attention is drawn to the information that is of greatest value to you. You can see the full list of items tested in the detailed analysis page.

Your pets results report is designed to provide the utmost clarity including the actions we would recommend.

If you have any further questions please do not hesitate to get in touch with us.

**Healthy regards,**

We believe that in providing you with your test results and relevant information in each section, your results can form the beginning of a journey, enabling you to make positive changes to your pets daily diet and environment.

In doing so we want you to be able to take steps towards designing a diet, which is nutritious and enjoyable for your pet.

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# Your Pets Results **Explained**

## A sensitivity test is not an allergy test

It is important to reiterate that this test is NOT for allergies. It is easy to confuse allergy and sensitivity or intolerance as the different terms are often used interchangeably, which leads to misinterpretation. Allergy and sensitivity are not the same. Of course if someone is allergic to a food item it could be described as being 'sensitive' however as a health condition allergy is different from sensitivity or intolerance.

There are a couple of fundamental differences between allergy and sensitivity; having food sensitivity may be uncomfortable and cause symptoms that, whilst annoying, embarrassing or even debilitating, do not have the potential to be life-threatening like those caused by food allergy; food sensitivity can also change over time, it can often be overcome through implementation of a food elimination diet and/or improving gut health, however food allergy tends to be lifelong. The physiological process, which takes place in the body during an allergic reaction, is also entirely different to that of sensitivity. An allergic reaction involves the immune system and cells called antibodies, whereas this is not involved in sensitivity. Hair testing does not test antibody levels therefore this is why it cannot be used to test for allergies.

Pet Food Intolerance Co utilizes bio resonance technology that will identify temporary imbalances in the body that may be causing symptoms such as upset stomach, constant scratching, fur loss, hot spots, paw biting and grass eating. These are non-life threatening responses and can take anywhere from several hours or several days to appear.

This product does not test your pet for allergies, nor makes a medical diagnosis or is it intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your vet or other qualified health provider if you think your pet has an allergy or medical condition.

## Foods affecting digestion

It is common for a food item consumed in the daily diet or very frequently, to test as a moderate or high sensitivity item. This can happen with food sensitivity and may be due to the body suddenly struggling to process or breakdown particular constituents of the food. This could be caused by overconsumption of a food group or could be down to an imbalance in gut bacteria or the presence of low-level inflammation in the gut.

Whatever the cause do not despair. We are talking about food sensitivity and NOT allergy; therefore completing a food elimination diet for your pet with subsequent reintroduction can help. This may mean you need to eliminate a favourite food or staple in your pets diet for a period of weeks but you will be able to reintroduce the item. Eliminating food items for a period of time can allow the gut time to 'rest' from trigger foods and the reintroduction of items can allow you to assess how your pet is handling certain foods.

## Gut Nourishment

In most cases carrying out an elimination diet is enough to improve symptoms and allow for a greater understanding of any foods, which aren't agreeing with the body. It is also worth considering the nourishment of the digestive tract and addressing any gut bacteria imbalances to further improve gut function and reduce digestive symptoms.



# Customer Testimonials

Sample report



**We take great pride in helping our customers, here are a few examples of how we have helped our pet community.**

## **Amazing how much we've learned** ★★★★★

My dog has been frequently itchy to the point that he was breaking skin scratching so hard. Thanks to Pet Food Intolerance, we found out that he was sensitive to barley. It's been almost 4 weeks since we got him barley free food and his itching is minimal! He's definitely getting better!

- John & Rebecca

## **The best test available** ★★★★★

I have wanted to know what my dog was sensitive to. The test offers an extensive check without the expensive price. My test kit was delivered in 48 hrs; the process was easy, and my results were in in about five days. The report was easy to read and understand, I would recommend this to anyone!

- Broderick Family

## **The brutal truth indeed** ★★★★★

Who would have thought that beef caused my puppy to have stomach problems. So happy I took this intolerance test for my dog. I cut beef out of his diet entirely and since he hasn't shown any signs of discomfort and definitely has even more energy than before. This Fur sensitivity test has been an absolute lifesaver.

- Charlotte

# Food Sensitivities Analysis





# Your pets results explained

Understanding your pets results is of course the important part! To help you with this you will find an overview of your food sensitivity results. This overview summarises the items to focus on, along with the relevant actions to take. All items tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reaction items can be found in the detailed analysis section.

## Sensitive Reaction

These are the food items that our testing shows your pet has a sensitivity to.

## Mild Reaction

These are the food items that our testing shows your pet could potentially have a sensitivity to.

## No Reaction

These are the food items that our testing shows your pet does not have a sensitivity to.

Sample report

# Your Pets Food Sensitivities: Overview

## Sensitive Reaction

- Almond nut
- Blue Cheese
- Butylated Hydroxyaniside (BHA)
- Gluten
- Halibut
- Octopus
- Pasturised skimmed milk
- Salmon (smoked)
- Tomato sauce
- Turkey-hen
- Yoghurt

These food items have been identified as those, which may be causing or contributing to physical symptoms.

We would recommend the removal of these items from your pets daily diet using a structured elimination diet.

# Your Food Sensitivities: Overview contd.

## Mild Reaction

- Bacon
- Bran
- Chicken bone
- Chicken fat
- Egg white
- Fish powder
- Herring
- Pacific  
Whitening Fish
- Parsnips
- Pilchards
- Popcorn
- Potato
- Soy bean meal
- Venison

These food items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the Sensitive Reaction items first and then considering the removal of Mild Reaction items thereafter.

It is also worth considering that having these items in isolation may not cause symptoms, however having a number of Mild Reaction items in the same meal or day may lead to symptoms due to an accumulative effect.

# Your Food Sensitivities: Detailed Analysis

## Cheese

- Blue Cheese
- Brie
- Cheddar Cheese
- Parmesan cheese

## Dairy and Egg

- Artificial cheese flavour
- Butter
- Clotted cream
- Condensed milk
- Custard
- Egg white
- Egg yolk
- Greek Yoghurt
- Ice cream
- Mayonnaise
- Milk from cows
- Milk powder
- Milk protein
- Pasturised milk
- Pasturised skimmed milk
- Sour cream
- Soy milk
- Yoghurt

## Drinks

- Tea

## Fruit

- Lemons
- Raspberries

## Gluten-containing-Cereals and Grains

- Barley
- Bran
- Brown bread
- Gluten
- Ground oats
- Ground wheat
- Oatmeal
- Pasta
- Porridge oats

- Wheat
- White bread
- Wholemeal bread

## Gluten-free Cereals and Grains

- Maize/corn flour
- Soy
- Soy flour

## Herbs and Spices

- Salt
- Sugar

## Legumes and Pulses

- Baked beans
- Soy bean meal

## Meat

- Bacon
- Beef
- Beef bone
- Bonemeal
- Chicken
- Chicken bone
- Chicken fat
- Chicken flavour
- Chicken meal
- Duck
- Ground beef
- Ground chicken
- Ground duck
- Ground lamb
- Ground turkey
- Grouse
- Ham
- Hare
- Lamb
- Lamb bones
- Liver-lamb
- Mutton
- Ox liver
- Partridge
- Pheasant meat
- Pig liver
- Pigeon

- Rabbit
- Raw hide
- Sparrow
- Turkey-hen
- Venison

## Miscellaneous

- Acidophilus
- Agar
- Butylated Hydroxyanisole (BHA)
- Butylated Hydroxytoluene (BHT)
- Fructooligosaccharide
- Gelatin
- Popcorn
- Sodium Acid Phosphate
- Yeast

## Nuts and Seeds

- Almond nut
- Artificial peanut butter
- Peanut butter

## Oils and Condiments

- Cod liver oil
- Fish oil
- Herring oil
- Hoki oil
- Honey
- Mackerel oil
- Salmon oil
- Sardine oil
- Sunflower oil
- Tomato sauce
- Vegetable oil

## Seafood and Fish

- Calamari
- Cod
- Fish broth

- Fish flavour
- Fish powder
- Fish stock
- Haddock
- Hake
- Halibut
- Herring
- Mackerel
- Mackerel flake
- Monkfish
- Octopus
- Pacific Whitening Fish
- Pilchards
- Pollock
- Prawn
- Salmon
- Salmon (freeze dried)
- Salmon (smoked)
- Salmon broth
- Salmon liver (freeze dried)
- Salmon skin
- Salmon stock (dried)
- Sardine
- Sea bass
- Sea bream
- Skate
- Sole
- Squid
- Trout-sea
- Tuna

## Vegetables

- Broad bean
- Broccoli
- Carrot
- Ground corn
- Parsnips
- Peas
- Potato
- Runner beans

# Non-food Sensitivities Analysis

Sample report





## What is a non-food sensitivity?

Non-food items can, just like food items, cause the body to react, which leads to the production of symptoms such as itching and sneezing. If you suspect your pet has an allergy please see your vet. It is important to note that this is not an allergy test. Any known pollen, dust mite or mould allergies you your pet has may or may not come up in this test.

## Your results explained

Understanding your pet's results is of course the important part! To help you with this you will find an overview of your non-food sensitivity results. This overview summarises the items to focus on, along with the relevant actions to take. All items tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reaction items can be found in the detailed analysis section.

### Sensitive Reaction

These are the non-food items that our testing shows your pet has a sensitivity to.

### Mild Reaction

These are the non-food items that our testing shows your pet could potentially have a sensitivity to.

### No Reaction

These are the non-food items that our testing shows your pet does not have a sensitivity to.

# Your Non-food Sensitivities: Overview

## Sensitive Reaction

- Dust
- Maize (Zea Mays)
- Pollen

## Mild Reaction

- Bermuda Grass
- Leather
- Nylon
- Wool
- Blackberry Bush
- Mice
- Perfume

These non-food items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the Sensitive Reaction items first and then considering the avoidance of Mild Reaction items thereafter.

It is also worth considering that contact with these items in isolation may not cause symptoms, however having contact with a number of Mild Reaction items in the same day may lead to symptoms due to an accumulative effect.

# Your Non-food Sensitivities: Detailed Analysis

- Algae
- Aster
- Bamboo
- Bark
- Barley Crop
- Bee
- Beech Tree
- Bermuda Grass
- Bifidobacterium Animalis
- Birch Tree
- Blackberry Bush
- Buttercup Flower
- Catnip
- Cherry Tree
- Chile Pine
- Chrysanthemum
- Clover
- Colonial Bent Grass
- Corn plant
- Cotton Crop
- Currant Bush
- Dandelion
- Dust
- Elm (Ulmus Glabra)
- Grass
- Hawthorn Tree
- Hazel Tree
- Horse Chestnut Plant
- Leather
- Maize (Zea Mays)
- Marigold flowers
- Mice
- Mint
- Moss
- Nylon
- Palm oil
- Pampass grass
- Perfume
- Pine Tree
- Poplar Tree
- Rape (Brassica Napus)
- Rats
- Rose Plant
- Rosehips
- Squirrel
- Stinging Nettle
- Storage Mite
- Wasp
- Willow Tree
- Wood
- Wool

Sample report



# Customers Own Sample Analysis





## Your Customer Own Sample Analysis

In this section we have analysed the unique sample you have enclosed in your testing kit. We have tested the sample against your pets fur to determine whether there is a level of sensitivity caused by the item.

If you have purchased either of the Essentials tests or chosen not to send in an additional sample with your premium testing kit please disregard this section as it doesn't apply to you.

Sample report

# Your results explained

To help you interpret your results you will find an overview of your customer sample sensitivities. This overview summarises the item to focus on along with the relevant actions to take. All items tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reaction items can be found in the detailed analysis section.

**Sensitive Reaction**

This sample is showing at a level that could lead to a sensitivity.

**Mild Reaction**

This sample is showing at a level that may lead to a sensitivity.

**No Reaction**

This sample is showing at a level that won't lead to a sensitivity.

Sample report

# Customers Own Sample: Overview

## Sensitive Reaction

No items have been identified as Sensitive Reaction according to our testing parameters.

## Mild Reaction

- Customer own item

## No Reaction

No items have been identified as No Reaction according to our testing parameters.

Sample report

# Customer Own Sample: Detailed Analysis

■ Customer own item

Sample report

## Summary & Actions

This food report is to be utilized for a suggested 6-8 week elimination plan. Once you have completed the 6-8 week elimination period and your pet's symptoms have subsided, you can now begin the reintroduction process. The reintroduction process is where you add back a once offending food item into their nutrition plan. You should only add back one food item at a time. If they consume the food item and do not experience any intolerance symptoms, then you can continue feeding it in moderation. If you feed the offending food item and notice a symptom, keep in mind that you can still continue to feed this food in the future, but you may deal with an undesirable symptom.

If you have decided to cook for your pet, rather than giving them processed foods, then once you have completed the reintroduction process, you can then try transitioning back to processed pet foods and see how your pet does. It is always best to then feed them in rotation and moderation instead of the same food every day. Try to avoid exposing your pet to the items on their sensitive reactions intolerance list to the best of your abilities. Take into consideration their bedding materials and fabrics, your furniture materials in your home, the cleaning solutions you use, the trees, grasses, and pollen where you live, and the other animal dander they may come in contact with. It will be impossible to fully remove certain environmental items out of their life, but reducing their exposure to these items will help them experience less intolerance symptoms.

The intention of the test report is to be more in tune with what their body is telling you, and to make conscious choices about what environmental items you surround them with. Please remember that we are testing for Intolerances which are non-immune system responses. Symptoms or reactions can take up to 48 hours or longer to appear. With our method of testing ( using Bio resonance feedback devices ) your pet doesn't need to have ingested the food item for it to register as an intolerance.

Sample report

## Have you enjoyed your experience?

This product does not test your pet for allergies, nor makes a medical diagnosis or is it intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your vet or other qualified health provider if you think your pet has an allergy or medical condition.

Sample report